PRINT AND FILL IN

A family recipe

Print one sheet for each recipe.

RECIPE NAME _____ WHOSE RECIPE _____

SERVES _____ TIME _____ OVEN _____

Real measurements

Ingredients in grams, number of servings, cooking times and oven temperature. The measured ones, not the remembered ones.

Method

A photo: the hands, the dish, the cook

The tricks

The secret that makes the difference: cold butter, dough left to rest overnight, a pinch of lemon zest.

The variations

Your aunt's version, the egg-free one, the one the grandchildren love. Every family has its own.

The story

Who used to make it, for which occasion, who they learned it from. Two lines are enough to turn a recipe into a memory.

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Six questions to ask in the kitchen

STORYTELLER _____ LISTENER _____ DATE _____

Five steps to collect family recipes

1. Cook together.
2. Measure the “just enough”.
3. Write it in their words.
4. Photograph the hands and the finished dish.
5. Record their voice.

1 **Who taught you this recipe?**

2 **When did you make it as a child?**

3 **Is there an ingredient you can't find any more?**

4 **What's the mistake everyone used to make?**

5 **Who did you most love cooking it for?**

6 **What did the kitchen smell like on those days?**